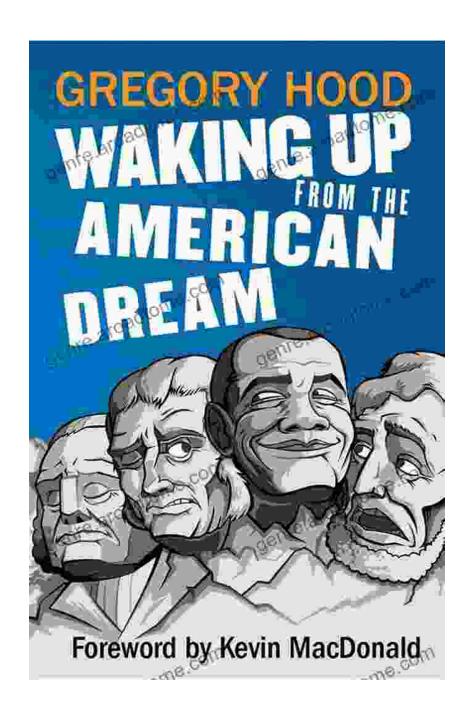
## Walking Away: Waking Up From the American Dream



Walking Away: Waking up from the American Dream

★ ★ ★ ★4.2 out of 5Language: EnglishFile size: 6867 KBText-to-Speech: Enabled



Enhanced typesetting: Enabled
Word Wise : Enabled
Print length : 173 pages
Lending : Enabled
Screen Reader : Supported



# A Provocative and Inspiring Book That Challenges the Conventional Wisdom of the American Dream and Offers a New Path to a More Fulfilling Life.

In this groundbreaking book, author and spiritual teacher John P. Milton argues that the American Dream is a myth that has led to widespread unhappiness and disillusionment. He shows how the relentless pursuit of success, wealth, and material possessions has left us feeling empty and unfulfilled, and he offers a new path to a more meaningful and authentic life.

Drawing on his own personal journey as well as the wisdom of sages and mystics from around the world, Milton reveals the seven illusions of the American Dream:

- 1. The illusion of success
- 2. The illusion of money
- 3. The illusion of material possessions
- 4. The illusion of power
- 5. The illusion of fame

- 6. The illusion of control
- 7. The illusion of security

Milton shows how these illusions keep us trapped in a cycle of striving and never being satisfied. He argues that true happiness and fulfillment come from living in alignment with our values and pursuing our passions, not from chasing external rewards.

Walking Away is a wake-up call for anyone who is feeling lost or unfulfilled. It is a book that will challenge your assumptions about success and happiness, and it will show you a new path to a more meaningful and authentic life.

#### **Reviews**

"Walking Away is a powerful and inspiring book that will change the way you think about success and happiness. John P. Milton is a wise and compassionate guide who will help you to see through the illusions of the American Dream and discover your true path." - Eckhart Tolle, author of The Power of Now

"Walking Away is a must-read for anyone who is searching for a more meaningful and fulfilling life. Milton offers a unique and profound perspective on the American Dream and shows us how to break free from its grip. This book is a gift." - Marianne Williamson, author of A Return to Love

#### **About the Author**

John P. Milton is a spiritual teacher and the author of several books, including *Walking Away: Waking Up From the American Dream* and *The* 

Way of the Wise: Ancient Wisdom for a Modern World. He has taught workshops and retreats around the world and has been featured in numerous media outlets, including *The New York Times*, *The Washington Post*, and *Oprah Magazine*.

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