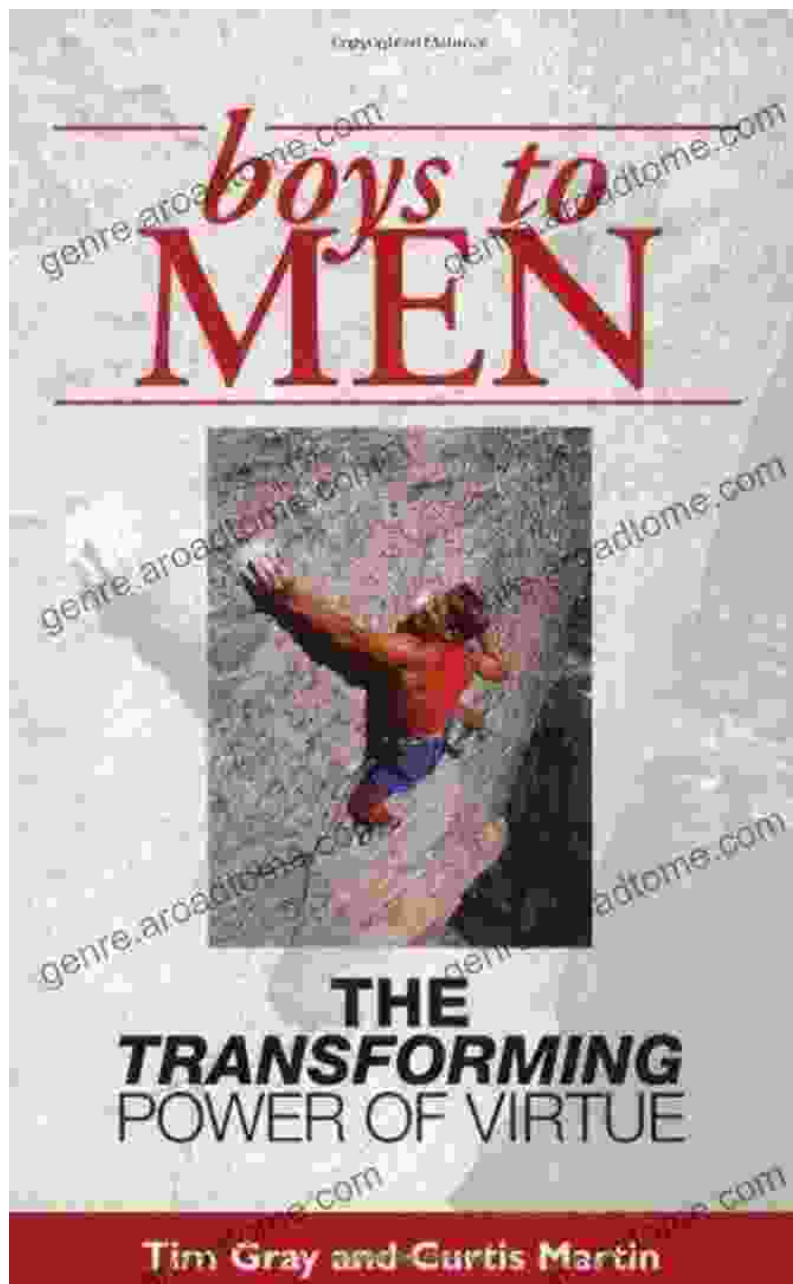


# Boys to Men: The Transforming Power of Virtue

By Dr. Meg Meeker



**Boys to Men: The Transforming Power of Virtue**

by Tim Gray



★ ★ ★ ★ ☆	4.2 out of 5
Language	: English
File size	: 2328 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 132 pages
Lending	: Enabled



In this groundbreaking book, Dr. Meg Meeker reveals the seven virtues that are essential for raising virtuous young men. These virtues are courage, integrity, loyalty, perseverance, self-discipline, kindness, and compassion. Through real-life stories and practical advice, Dr. Meeker shows parents how to teach these virtues to their sons and help them grow into the men they are meant to be.

## The Seven Virtues

1. **Courage** is the ability to face danger or difficulty with strength and determination. It is the virtue that enables us to stand up for what we believe in, even when it is unpopular or difficult.
2. **Integrity** is the quality of being honest and truthful. It is the virtue that enables us to keep our promises, even when it is difficult or inconvenient.
3. **Loyalty** is the feeling of strong attachment and support for someone or something. It is the virtue that enables us to stand by our friends and family, even when they are going through difficult times.

4. **Perseverance** is the ability to continue working towards a goal, even when faced with setbacks and challenges. It is the virtue that enables us to never give up on our dreams.
5. **Self-discipline** is the ability to control our thoughts, words, and actions. It is the virtue that enables us to make good choices, even when we are tempted to do otherwise.
6. **Kindness** is the quality of being friendly, generous, and helpful. It is the virtue that enables us to treat others with respect and compassion.
7. **Compassion** is the ability to understand and share the feelings of others. It is the virtue that enables us to put ourselves in someone else's shoes and see the world from their perspective.

## **How to Teach Virtues to Your Sons**

Dr. Meeker offers a number of practical tips for parents on how to teach virtues to their sons. These tips include:

- Set a good example. Your sons will learn from your actions, so it is important to model the virtues that you want them to learn.
- Talk to your sons about virtues. Help them to understand what virtues are and why they are important.
- Provide opportunities for your sons to practice virtues. Give them chances to show courage, integrity, loyalty, perseverance, self-discipline, kindness, and compassion.
- Praise your sons when they demonstrate virtues. Let them know that you are proud of them for being virtuous.

- Correct your sons when they do not demonstrate virtues. Help them to understand why their behavior was wrong and how they can do better next time.

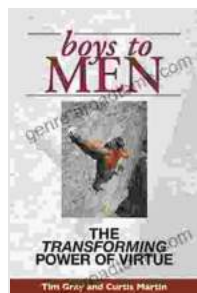
## The Benefits of Raising Virtuous Sons

Raising virtuous sons has a number of benefits, including:

- Virtuous sons are more likely to be successful in life. They are more likely to have healthy relationships, successful careers, and fulfilling lives.
- Virtuous sons are more likely to be happy. They are more likely to have a positive outlook on life and to be content with who they are.
- Virtuous sons are more likely to make a positive contribution to society. They are more likely to be involved in their communities and to help others.

Raising virtuous sons is a challenging but rewarding task. By following the tips in this book, you can help your sons to develop the virtues that they need to become successful, happy, and contributing members of society.

Free Download your copy of *Boys to Men: The Transforming Power of Virtue* today!



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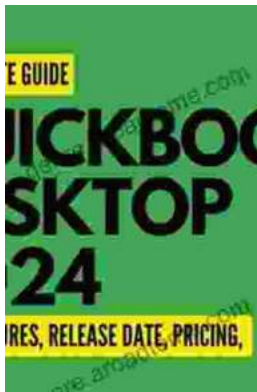
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